

Day 1 World Tennis Fitness Conference: JULY 21st

8am – 9:00 am	Check-In & Registrations, Breakfast & Exhibitor Networking (Registration Desk Between C1 & C2)
8:30 am	 <i>Introduction to the iTPA WORLD TENNIS FITNESS CONFERENCE (C2)</i>
8:45 am	<p>Tennis Fitness The Right Way. A Perspective from an Olympian, Davis Cup Coach, Top 20 ATP Player and now Coach to a Top 100 Player – <i>Robby Ginepri (C2) (Top 15 ATP Professional, Current Davis Cup Coach & Personal Coach To Frances Tiafoe)</i></p>
9:30 am	Upper Extremity Assessment and the Most Common Treatment Recommendations for Tennis: Working Perspectives from Travelling Physio With Top 30 WTA Players – <i>Aylin Seyalioglu PT, CTPS (C2) (Current Travelling Physical Therapist for WTA Professionals)</i>
10:15 am	Training The Collegiate Tennis Player. A Multi-Disciplinary Perspective – Roundtable Discussion With Experts from top universities. (C2)
11 am – 11:15 am	Break and Exhibitor Networking
11:15 - 12:00 pm	Weak Legs Obey and Strong Legs Command: Lessons And Strategies Learned From Working With Andre Agassi, Simona Halep, Grigor Dimitrov, Angelic Kerber – <i>Gil Reyes (C2) Gil Reyes (Founder of BILT and Lifetime Trainer and Mentor of Andre Agassi)</i>
12:00pm	Paul Arber Award Winners Presentation, then LUNCH & EXHIBITOR DEMONSTRATIONS FROM THE FIELD (C2)
1:00pm	Fitness Testing For Tennis. Using The Right Tests For The Right Outcomes. Linking Testing, Training and Monitoring – <i>Mark Kovacs, PhD, CTPS, MTPS (Executive Director of the iTPA, CEO of Kovacs Institute and Associate Professor of Sport Health Science and Director of LSSI, Life University (C2)</i>
2:00 pm	<p>(PRACTICAL SESSIONS) (C1)</p> <ul style="list-style-type: none"> – Exercises To Train Female Players While On The Road – <i>Dean Hollingworth, CTPS, MTPS (Physical Trainer for Elena Vesnina) (45 min)</i> – Dynamic Movement Training for Tennis – <i>Ted Borgerding, CTPS, MTPS (National Tennis Athletic Performance Manager) (45 min)</i> – The Top 10 Tennis Exercises Needed For the Junior Player – <i>Rachel Stuhlman, CTPS (45 min)</i> – The RacquetFit Experience – The Body and Stroke Connection – <i>Sean Drake, DC, CTPS (45 min)</i>
5:00 – 6:30 pm	SOCIAL & NETWORKING EVENT WITH EXHIBITORS (C2) (Beer, Wine and Light Hors d’ Oeuvres provided)

*Agenda and Speakers are subject to change

Version 7/16/2018

DAY 2 World Tennis Fitness Conference: JULY 22nd

7:30 –
8:15 am

Breakfast and Exhibitor Networking (C2)

8:15 am

Developing The 12 and Under Tennis Athlete: *Jonny Fraser, CTPS, MTPS (Owner of Science in Tennis) and Lalo Vicencio, CTPS, MTPS (C1)*

9:00 am

Utilizing Scientific Evidence in Returning Injured Tennis Players Back Safely in a Case-Based Approach (STMS Exchange Lecture)
– Neeru Jayanthi, MD (President STMS and Director of Tennis Medicine Program at EMORY University)(C2)

9:45 am

Understanding and Applying Load Monitoring in Tennis: The Science & Application– *Jason Vescovi, PhD (Former Head of Sport Science and Medicine for Tennis Canada) (C1)*

10:30
am

Developing the Tennis Player! What We Can Learn From Collegiate Basketball: Power, Strength, Mobility and Endurance. How To Effectively Put It All Together: *Dan Taylor, CSCS, CTPS (Player Development and Head Strength & Conditioning Coach for Ga Tech Basketball and Tennis)*

11:15
am

Sports Foods for Tennis: The Ever Changing Landscape and What You Need To Know For Player Performance and Injury Reduction – *Page Love, RD (Consultant to WTA, ATP and USTA and owner of NutriFit Sport Therapy) (C1)*

12:00-
12:15pm

CLOSING REMARKS & END OF
CONFERENCE (C2)

Special Optional Event:

ITPA Technology and Tennis Analytics Summit

Sunday, July 22, 2018 1:30 - 6 pm *(added charge)*

<http://itpa-tennis.org/tennistechologysummit.html>

Thanks to our Sponsors!

