

Learn From Todd Martin, Former World #4 and Coach of Novak Djokovic and Mardy Fish

Competitive Junior Development Coaches Workshop

Led by Todd Martin &
Mark Kovacs, PhD, CTPS, MTPS

Presented by Todd Martin Tennis and the iTPA

Continuing Education Credits are provided through the USPTA, PTR and iTPA



When: Tuesday, December 17th, 2013

Who Should Attend: Coaches working with junior tennis players (ages 11-18) looking to progress to play at the collegiate and/or professional level.

Format: 8 hours of instruction with a combination of on-court and classroom sessions focused on stroke development, footwork/movement, tactics and growth/development.

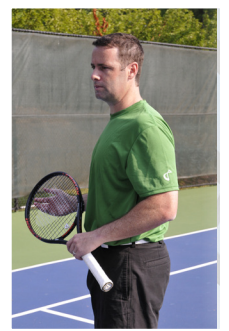
Where: Sawgrass Country Club, 9175 Preston Trail East, Ponte Vedra Beach, FL 32082

Investment:

- Early Registration: \$149 (certified coaches and trainers through USPTA, PTR & iTPA) — Before November 25, 2013
- Late Registration or Non-Certified Coaches: \$189 — After November 25, 2013

Visit www.itpa-tennis.org/juniorcoachesworkshop.html today for more information & to register

Learn from Former World #4 Todd Martin and Dr. Mark Kovacs



Coaches: Bring Your Players!



Learn From Todd Martin, Former World #5 Player and Coach of Novak Djokovich and Marty Fish

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Schedule

Time	What	Who	Location
8:30 am	Registration/Sign in		
9 — 9:15 am	Welcome	Todd & Mark	Courts
9:15 — 10:30 am	Groundstroke Development	Todd	Courts
10:30 — 10:45 am	BREAK		
10:45 — 11:15 am	Understanding Growth & Development Between 11-18	Mark	Classroom
11:15 — 12 pm	Biomechanics of the Serve	Mark	Classroom
12 — 1 pm	LUNCH - Q&A with Todd & Mark	Todd & Mark	Classroom
1 — 1:45 pm	Drills & Exercises to Improve Serve	Mark	Courts
1:45 — 3 pm	Drill and Exercises to Improve Patterns of Play & the Volley	Todd	Courts
3 — 4:15 pm	Movement Training to Develop the Competitive Player	Mark	Courts
4:15 — 4:30 pm	Break		
4:30 — 5 pm	Summary & Take-Home	Mark & Todd	Classroom

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